WHAT IS CLAIMED IS:

- 1. A cranial massage helmet comprising:
 - a housing having an inner surface and an outer surface;
 - a plurality of tracks attached to said inner surface;
- at least one wheel resiliently mounted on each of said tracks and movable along said tracks; and
 - at least one motor for independently driving each of said wheels.
- 2. The helmet according to claim 1 further comprising a rack mounted on each of said tracks
- 3. The helmet according to claim 1 wherein each of said wheels is mounted in a wheel carrier.
- 4. The helmet according to claim 1 wherein said tracks cover most of the acupressure points on the human head.
- The helmet according to claim 1 further comprising: cushioning foam attached to said inner surface between said plurality of tracks; and
 - a liner positioned over said foam and said wheels.
- 6. The helmet according to claim 1 further comprising a chinstrap to secure said helmet on the head of a user.
- 7. The helmet according to claim 1 wherein said motors are stepper motors.

- 8. The helmet according to claim 7 wherein said stepper motors impart forward, backward and oscillating movement to said wheels.
- 9. The helmet according to claim 3 wherein said wheel carrier comprises:
 a mounting frame attached to said track;
 a suspension frame slidably mounted to said mounting frame; and
 a spring mounted to said suspension frame for imparting upward and
 downward movement to said wheel.
- 10. The helmet according to claim 1 further having a plurality of earphones attached to said inner surface.
- 11. The helmet according to claim 1 further comprising a controller for controlling said motors.
- 12. The helmet according to claim 11 wherein said controller comprises:

 a housing;
 a display on said housing;
 a power switch on said housing;
 control buttons on said housing; and
 a control system mounted within said housing.
- 13. The helmet according to claim 12 wherein said control system comprises:
 a control card having a central processing unit and memory;
 a programmed logic controller for receiving input from said control card;
 a plurality of drive cards for receiving input from said programmed logic
 controller and providing output to said motors; and
 a sound circuit for receiving input from said control card.
- 14. The helmet according to claim 13 wherein said sound circuit comprises: an amplifier for outputting audio from said controller;

a plurality of audio sound events stored in said memory, said memory coupled to said amplifier; and

a radio receiver mounted within said housing and coupled to said amplifier.

- 15. The helmet according to claim 11 further comprising a junction box on said outer surface.
- 16. The helmet according to claim 15 further comprising a wire for transmitting power and data to between said controller and said junction box.
- 17. The helmet according to claim 12 wherein said control buttons comprise:
 a menu/select button;
 a scroll up button; and
 a scroll down button.
- 18. The helmet according to claim 13 wherein said control system enables the selection of a plurality of massage modes.
- 19. The helmet according to claim 18 wherein said massage modes include unison, random, point massage, timer and pause.
- 20. The helmet according to claim 14 wherein said control system enables the selection of a plurality of audio events.